# FDA Expectations for INDs for Cellular and Gene Therapy

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### **Scope of Talk**

Focus on Products Regulated Under Section 351 of PHS Act (Products needing IND/IDE)

- Introduction
- Chemistry, Manufacturing, and Controls (CMC)
- Preclinical Testing
- Clinical Trials

### **CBER Mission Statement**

The mission of CBER is to protect and enhance the public health through regulation of **biological** and related products including blood and diagnostics, vaccines, biological therapeutics and of related drugs and devices, according to statutory authorities. The regulation of these products is founded on **science and law** to ensure their purity, potency, safety, efficacy and availability.

### Safety is Always Primary

FDA's primary objectives in reviewing an IND are, in all phases of the investigation, to assure the safety and rights of subjects, and, in Phase 2 and 3, to help assure that the quality of the scientific evaluation of drugs is adequate to permit an evaluation of the drug's effectiveness and safety.

IND Regulations [21 CFR 312.22 (a)]

### Safety of a Biological Product is Relative

"The relative freedom from harmful effects of the recipient when a product is prudently administered, taking into consideration the characteristics of the product in the relationship to the condition of the recipient at the time; thus the property of safety is **relative**."

21 CFR, Subchapter F

#### FDA Review is Product-based

- Parallels prudent product development
- Dependent on characteristics of specific product
- Preclinical studies designed to support use of specific products
- Clinical trial design supported by manufacturing, preclinical data
- Supported by science, framed by regulations

### Early Communication ("pre-pre-IND")

- Non-binding, informal scientific discussion between FDA and sponsor
  - Via telecons
  - Via scientific meetings/workshops
  - Via outreach presentations (i.e., this meeting)
- Provide pre-read materials to FDA
- Discuss specific issue (s) of interest
- A two-way communication to allow for information exchange

### **Pre-IND Meeting**

- Submit a pre-IND package to include:
- Product development/characterization
  - Chemistry, Manufacturing and Controls (CMC)
  - Summary of device information (if applicable)
    - Bench and/or in vivo
- Summary of preclinical information
  - Pharmacology/Toxicology in vitro and/or in vivo
- Proposed clinical protocol

# Chemistry, Manufacturing, and Controls (CMC)

Division of Cellular and Gene Therapies

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### **Ensuring a Safe Product**

- Controlled manufacturing process
- Product Testing

Basic elements of each must be in place from initiation of phase 1 trials

Controls increase during product development

## Control of the Manufacturing Process

- Defined manufacturing procedures
  - Follow written procedures
  - Keep records for each product lot
- Segregation and tracking procedures
  - Prevent cross-contamination and mix-ups
- Facility conditions to support aseptic processing
- Ensure quality of all ancillary materials used
- Trained personnel

### **Product Characterization**

- Safety
- Identity
- Purity
- Potency
- Stability
- Development of Specifications
  - test methods and criteria

# Product Testing During Clinical Development

- Safety testing is required on each lot from phase 1
  - Infectious agents
  - Microbiological safety
  - Mycoplasma (if cells are cultured)
  - Endotoxin (if open system)
  - Cell viability
- Recommend early implementation of other characterization testing
  - Identity, purity, potency, additional characterization

### Additional product characterization

- Characterization of cell populations
  - Morphology
  - Immunophenotype
  - Proliferative potential
  - Colony formation
  - Cytokine production
  - Gene and protein expression
- Define product and develop specifications for product release
- Product Stability

### For guidance on preparation of CMC section of IND, please refer to:

- Draft Guidance for Reviewers: Instructions and Template for Chemistry, Manufacturing, and Control (CMC) Reviewers of Human Somatic Cell Therapy Investigational New Drug Applications (INDs) (2003) at http://www.fda.gov/cber/gdlns/cmcsomcell.pdf
- Draft Guidance for FDA Review Staff and Sponsors: Content and Review of Chemistry, Manufacturing, and Control (CMC) Information for Human Gene Therapy Investigational New Drug Applications (INDs) (2004)

http://www.fda.gov/cber/gdlns/gtindcmc.pdf

### **Preclinical Testing**

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### Phase 1 Preclinical Expectations

- Scientific basis for conducting clinical trial
  - Feasibility/establishment of rationale
  - Establish pharmacologically effective dose(s)
  - Optimize ROA/dosing regimen
  - Rationale for species/model selection for further tests
- Recommend initial safe dose & dose escalation scheme in humans
  - Identification of potential target tissue(s) of toxicity/activity
  - Identification of parameters to monitor clinically
  - Identification of patient eligibility criteria

# Ideal Animal Model for Cell and Gene Therapies

- Similar pathophysiology to humans
  - Improves predictability of human risks
- Similar anatomy to humans
  - Allows modeling of device use with clinical device
  - Allows for dose exploration
- Immune tolerance to human cells
  - Allows use of clinical cellular product

# Ideal Animal Model for Cell and Gene Therapies

- Ideal model does not exist
- Should understand abilities and limitations of each available model and weigh each in assessment of the overall suitability of a model to provide support for clinical trial

### **Potential Animal Study Designs**

- Pharmacology or "proof of concept" studies in animal model of disease
- Toxicology studies in healthy animals
- Hybrid pharmacology-toxicology study design
  - Animal model of disease
  - Toxicology endpoints

### **Toxicology Study Design**

- Appropriate controls
- Mimicking clinical treatment as closely as possible
  - Product, ROA, formulation, device, dose regimen, etc...
- Reasonable group size
  - = n = >5/sex/group/time point for small animals
  - = n = >3/sex/group/time point for large animals
- Endpoints
  - Mortality, clinical observation, cardiac function, hematology, serum chemistry, gross pathology, histopatholgy, body weights, food consumption etc...

### **IND Regulations**

- 21CFR312.23 (8)(ii)(b)
  - For each toxicology study that is intended primarily to support the safety of the proposed clinical investigation, a full tabulation of data suitable for detailed review.....

### Sources of Data to Support Initiation of Clinical Trials

- Safety Assessment in Animal Model
  - GLP-compliant toxicology studies
  - Well-controlled studies conducted "in house"
- Published data in peer-reviewed journals
- Cross reference to identical/similar product in previously submitted MF/INDs
- In vitro studies

### Perils of Using Published Animal or Human Studies as Sole Support for Initiation of Clinical Trials

- Often they were not designed to answer a toxicologic question, and therefore, adequate toxicology endpoints may not have been incorporated into the design
- Published reports must provide sufficient information for independent review
- Products must be comparable

### **Clinical Trials**

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#### **Clinical Trial Review**

- Biologic and device components considered in the context of their use in the proposed clincial trial
- Early communication with FDA is helpful
  - Enhance similarities among animal studies, bench studies, previous studies and proposed clincial trial
  - Define target populations
  - Discuss innovative clinical trial designs

#### **Clinical Trial Review**

- Primary focus is subject safety in all phases of investigation
- Phase 2 and 3 Trials
  - Quality of trial design and conduct is adequate to generate sufficient data to permit an evaluation of a product's effectiveness and safety

### Common Clinical Issues that Delay Initiation of Human Trials

- Plan for monitoring safety of subjects inadequate to detect important adverse events in a timely manner
- Eligibility criteria that are vague or allow enrollment of especially vulnerable patients
- Rate of subject enrollment not specified
- Insufficiently detailed description of the administration procedure

### **Subject Safety Monitoring**

- Usually based on toxicities predicted from animal studies or product class
- These products are in early stage and are rapidly evolving
- Generally ask for frequent early noninvasive monitoring
- Duration of product activity unclear (some intended to have life long effects)

### Eligibility Criteria Considerations

- Include screening procedures and/or criteria to precisely identify eligibility
- Consider exclusion of subjects who are at special risk from product administration or protocol specified procedures
- In exploratory studies do not enroll subjects if participation excludes them from receiving conventional beneficial therapy

### Staggering Subject Enrollment

- Time between subjects within a dose cohort should be sufficient to allow assessment of important acute toxicities
- Time between dose cohorts should be sufficient for observation of potential adverse effects based on the pharmacodynamic effects observed in preclinical studies

#### **Administration Procedure**

- FDA can not assess risk of administration procedure or other protocol specified procedures unless they are adequately explained
- In general, the procedures must be detailed enough so that someone unfamiliar with the trial would perform them as intended from the description

### Conclusion

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